

A RARE CASE OF SUDDEN SENSORINEURAL HEARING LOSS AND AN INCIDENTAL ARACHNOID PACCHIONI'S GRANULATION

Otology

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Özet

ANİ SENSÖRİNÖRAL İŞİTME KAYBI İLE BİRLİKTE RASTLANTISAL PACCHIONI ARAKNOİD GRANÜLASYONU OLAN NADİR BİR OLGU

Araknoid Pacchioni Granülasyonları, araknoid materin dura defektlerinden serebral venöz sinüslere doğru uzanımıdır. Çoğunlukla transvers veya superior sagittal sinüslerde bulunurlar. Araknoid Pacchioni Granülasyonları, subaraknoid boşluktan beyin omurilik sıvısının pasif filtrasyonunu sağlar. Normal boyutları birkaç milimetredir, ancak yaşla birlikte boyutları artar. Genellikle asemptomatiklerdir, nadiren venöz hipertansiyona neden olabilirler. Bilgisayarlı tomografide ve manyetik rezonans incelemede serebral sinüs ven trombozu olarak yanlış tanı alabilirler. Serebral ven trombozu akut tek taraflı işitme kaybı gibi spesifik olmayan semptomlarla ortaya çıkabilir. Kliniğimize ani sensörinöral işitme kaybı ile başvuran ve Araknoid Pacchioni Granülasyonu tespit edilen nadir bir olgu sunuyoruz. Bu olgu üzerinden Araknoid Pacchioni Granülasyonu ve sinüs ven trombozu ayrımını literatür ışığında ele alacağız.

Anahtar kelimeler: Ani İşitme Kaybı, Araknoid Pacchioni Granülasyonu, Transvers Sinüsler, Venöz Tromboz

Abstract

A RARE CASE OF SUDDEN SENSORINEURAL HEARING LOSS AND AN INCIDENTAL ARACHNOID PACCHIONI'S GRANULATION

Arachnoid Pacchioni's Granulations are little bulges of the arachnoid mater into the cerebral sinuses. They are mostly found in the transverse or superior sagittal sinuses. Arachnoid Pacchioni's Granulations provide passive filtration of cerebrospinal fluid from the subarachnoid space. Their normal size is a few millimeters, but their size increases with age. They are usually asymptomatic, but rarely can cause venous hypertension. They also can be misdiagnosed as cerebral sinus thrombosis on computed tomography and magnetic resonance imaging. Cerebral sinus thrombosis can occur with nonspecific symptoms such as acute unilateral hearing loss. We present a rare case that applied to our clinic with sudden sensorineural hearing loss and incidental Arachnoid Pacchioni's Granulation. In this case, we will discuss the distinction between Arachnoid Pacchioni Granulation and sinus vein thrombosis in the light of the literature.

Keywords: Hearing Loss, Sudden, Arachnoid Pacchioni's Granulation, Transverse Sinuses, Venous Thrombosis

Introduction

Arachnoid granulations (AGs), also known as Pacchioni's granulations, are little bulges of the arachnoid mater into the cerebral sinuses that extend from the dura defects. AGs provide passive filtration of cerebrospinal fluid (CSF) from the subarachnoid space. Their normal size is a few millimeters, but their size increases with age [1,2]. They are mostly found in the transverse or superior sagittal sinuses [3]. They are generally asymptomatic, but rarely can cause venous hypertension due to partial sinus obstruction [4]. Giant arachnoid granulations can be misdiagnosed as cerebral sinus thrombosis [5]. In this article, we aimed to present a case who presented to our clinic with sudden sensorineural hearing loss (SSNHL) and incidental giant arachnoid granulation in order to emphasize the importance of differential diagnosis between Pacchioni's granulations and cerebral sinus thrombosis.

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Sivrice ME ve ark . Ani sensörinöral işitme kaybı ile birlikte rastlantısal pacchioni araknoid granülasyonu olan nadir bir olgu.
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Case Report

A 35-year-old man was admitted to our clinic with sudden hearing loss on his left side. The patient's hearing impairment, high frequency tinnitus, and left-sided headache had started 2 days before admission. Routine physical examination, complete blood count and routine blood biochemistry were normal. After admission to hospital, standard audiological tests were performed (pure tone audiometry, tympanometry) and left-sided SSNHL was observed. The audiogram showed severe sensorineural hearing loss on the left-side (pure tone average for 500 Hz, 1000 Hz, 2000 Hz and 4000 Hz, right/left: 59/110 dB; percentage of speech discrimination, right/left: 76/0). The patient had a history of bilateral sensorineural hearing loss for 2 years (pure tone average for 500 Hz, 1000 Hz, 2000 Hz and 4000 Hz, right/left: 55/58 dB; percentage of speech discrimination, right/left: 76/72). There was no other disease in the patient's medical history. 3D FLAIR Enhanced with Gadolinium internal auditory and inner ear magnetic resonance imaging (MRI) and temporal bone computed tomography (CT) was performed on the first day of his admission to our clinic. We initiated our standard treatment protocol for the patient (intravenous methyl prednisolone sodium succinate at 1 mg / kg for 3 days, 40 mg for 3 days, 20 mg for 3 days and 10 mg for 3 days). The patient was suspected of having cerebral venous thrombosis (CVT) due to a filling defect in the left transverse sinus in MRI. The patient was consulted to the Radiodiagnostics Department and MRI venogram was performed. CT and MRI images and findings are presented in Figure 1 and Figure 2.

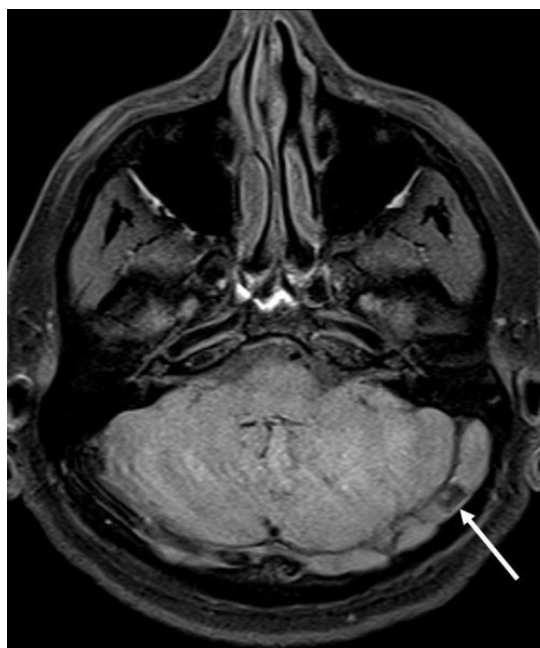


Figure 1A

Axial magnetic resonance images (MRI) of posterior fossa through the transverse sinuses. There is a well-defined focal nodular filling defect (arrow) in the left transverse sinus, which is hypointense on fat-suppressed unenhanced T1 weighted MRI.

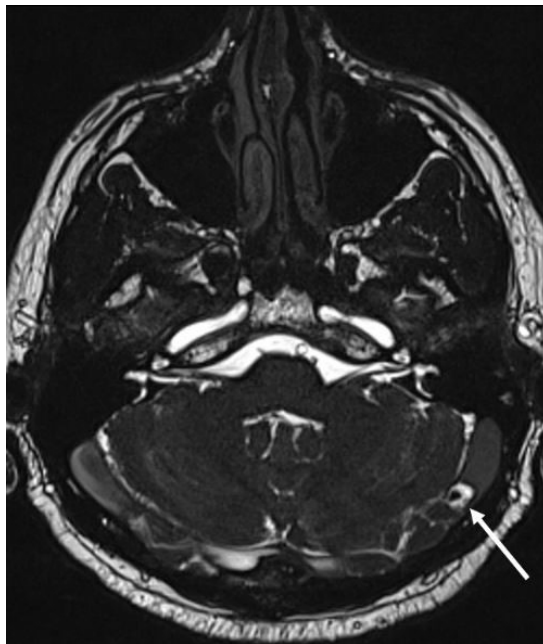


Figure 1B

There is a well-defined focal nodular filling defect (arrow) in the left transverse sinus, which is hyperintense on T2 weighted MRI.



Figure 1C

The nodule does not enhance on contrast-enhanced axial T1 weighted MRI (c) within the surrounding enhancing flowing blood. The transverse sinuses are symmetrically of normal calibration and patency. It is noted that the nonenhancing granule parallels CSF signal intensity on these MRI sequences.

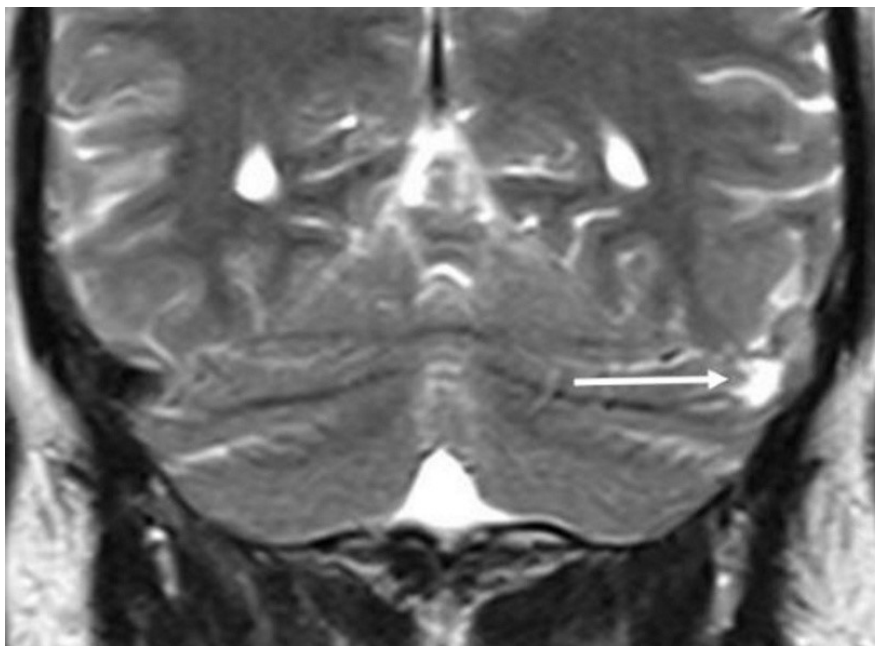


Figure 2A

Coronal T2 weighted MRI images demonstrate that the nodule has a small central linear hypointens structure (arrow) which is representative of the extension of the endothelium-lined venous sinuses into the fissure of the granulation.

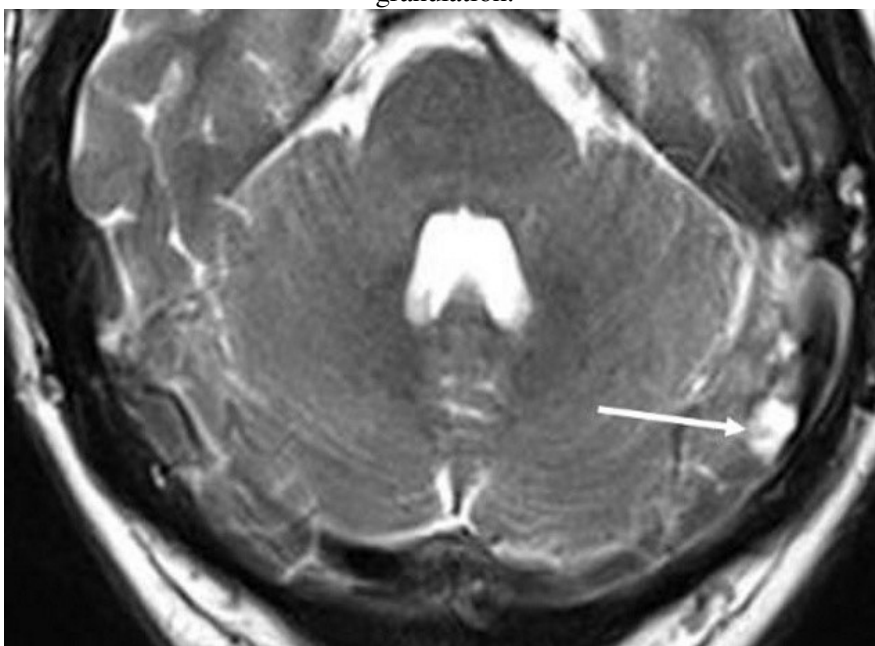


Figure 2B

Axial T2 weighted MRI images demonstrate that the nodule has a small central linear hypointens structure (arrow) which is representative of the extension of the endothelium-lined venous sinuses into the fissure of the granulation.



Figure 2C

The granulation is hypoattenuating relative to brain parenchyma on unenhanced CT (arrow).

As a result of these findings, the patient was diagnosed with idiopathic left-sided SSNHL and an incidental giant arachnoid granulation. SSNHL treatment was continued. The patient was consulted to the Neurology Department for headache. The patient was diagnosed with tension headache and received medical treatment.

Informed consent form obtained from patient.

Discussion

SSNHL can be described as a sensorineural hearing loss of at least 30 dB at three consecutive frequencies within 72 hours [6]. It is well known that more than 90 percent of SSNHL is idiopathic. CVT is a cerebrovascular illness related with a wide assortment of clinical signs and indications. CVT is regularly characterized by indications such as cerebral pain, seizures, focal neurological deficits with frequent deterioration of consciousness to progressive coma and death [7]. However, CVT can also occur with nonspecific symptoms such as acute unilateral hearing loss. AGs are usually asymptomatic, and asymptomatic AGs do not require treatment [8]. It has been reported that arachnoid cysts may also be related to hearing loss and tinnitus [9].

AGs are unexpectedly encountered on imaging, especially on contrast enhanced CT or MRI and they must be separated from CVT. Diagnostic delay or misdiagnosis between this two entities postpones appropriate therapy. CVT is most frequently most extensive than AGs, including a complete fragment of a sinus or indeed a few sinuses. CVTs can extend into cortical veins. Acute CVT findings are noted on MRI as a high intensity CT signal and generally a high T1-weighted and low T2-weighted signal [10].

In our case, the diagnosis of SSNHL and an incidental giant arachnoid granulation was confirmed by specific MR findings. The standard treatment of CVT is anticoagulation with heparin; endovascular treatment with local intrasinus thrombolysis or mechanical thromboaspiration are the other choices [11]. Treatment options for SSNHL are systemic and topical steroids, antiviral agents, hyperbaric oxygen therapy and diuretics [6]. Therefore, it is very important to confirm the diagnosis and avoid diagnosis delay in order to provide early and correct treatment.

Accurate interpretation and careful examination of MRI findings are essential for differential diagnosis of SSNHL.

Conclusion

We encountered a case of giant arachnoid granulation which can be misdiagnosed as a CVT with SSNHL. Giant arachnoid granulation should be considered as a differential diagnosis before definitive diagnosis of cerebral sinus thrombosis. MRI is the most useful diagnostic instrument to distinguish AGs from CVT.

Informed Consent: Informed consent form obtained from patient.

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